

# Adella Demou

Trainee

## Features & Dramas

Title	Company	D.O.P.	Role	Fomat
Winter Warmer Retreat	Wider Horizons	Ben Christie (Client)	Stills Photographer, Camera Assistant	Canon EOS 700D
Strictly Come Dancing - TV Series 22	BBC	Lincoln Abraham (Camera Supervisor)	Camera Trainee	Sony HDC-3500
EFL Plymouth Argyle & Portsmouth -TV News	Sky Sports	Toni Adepegba (Camera Operator)	Camera Trainee	Sony HDC-4800

## Commercials & Short Form

Title	Company	D.O.P.	Role	Fomat
Tony Collins Football's Forgotten Master Spy - Short Documentary	Dark Matters TV	Ian Watts	Camera Trainee	Canon C300 Mark III
Tech & Sports Company (NDA) - Advertisement	Dreamtech	Cam Smith	Camera Trainee	Sony FX9
Abbie Piper VooDoo - Music Video	VMI	Greg Duffield	Camera Trainee	Sony VENICE AXS-R7 4K
Volunteer At Herts and Essex Community Farm	Licklemor Productions	Herts and Essex Community Farm	Camera Assistant/Videographer	Blackmagic URSA (G2 & 4K)
'Meet Our Founder - Debra Healy'	MAMA Youth Project	Bob Clark (Director)	Camera Trainee	Blackmagic URSA (G2 & 4K)
Later With Jools Holland - TV Series 66	BBC	Sophie Penwill (Camera Supervisor)	Camera Trainee	Arri Amira
Tate Modern: JD Event	Cultur FM	Nelson Nieth (Director)	Camera Assistant, Focus Puller	Sony FX3
Electric Brixton: JD Event	Cultur FM	Nelson Nieth (Director)	Camera Assistant, Focus Puller	Sony FX3
Benjamin Zephaniah Day Event	Liklemor Productions	Bob Clark (Director)	Camera Assistant & Videographer	Blackmagic URSA (4K)
What's the Motive - Short Film	N/A	Archie George (Director)	Camera Operator	Canon C70
Pointless - TV Series 32	Remarkable Entertainment (Banijay) for BBC	Nigel Saunders (Camera Supervisor)	Rotational Crew Trainee	Sony HDC-1500
Deal Or No Deal -TV, October 2024	Remarkable Entertainment (Banijay) for ITV	Dereck Pernell (Camera Supervisor)	Rotational Crew Trainee	Sony HDC-4300
TV Digital 'True Lives' Short Documentary; 'Wired Differently' and 'Cost Of Living Childless'	Licklemor Productions for ITV	Bob Clark (Director)	Camera Operator	Blackmagic URSA (4K)

Title	Company	D.O.P.	Role	Fomat
Promotional Content	The Wilderness Festival (Client)	N/A	Stills Photographer	Canon EOS 700D
Promotional Content	Medicine Festival (Client)	N/A	Stills Photographer	Canon EOS 700D
Metanoia - Short Film	Chronic Pictures	Maxwell James (Director)	Stills Photographer	Sony A7 Mirrorless
Nature Nurtures Anthology	London Wildlife Trust	N/A	Stills Photographer	Canon EOS 700D
Jurassic World: The Experience - Advertisement	Digital Media Services UK Ltd (DMS)	Andrew Litt	Runner, Camera Trainee	Sony FX6